

“GET OFF THE COUCH!”

2 TIMOTHY 2:1-7

Though we are physically wearing out and running down as time marches by, the same should not be true on the spiritual front. As we age in our walk with the Lord, we ought to be growing and maturing and adding wisdom and knowledge and discernment to our lives.

STAYING FIT FOR SERVICE

① The Essentials (2:1-3)

A. E _____ (2:1)

If you are to go the distance in your spiritual journey, you need to be plugged in and stay plugged into the power source.

The _____ extends to us a lifetime empowerment – in grace.

B. E _____ (2:2)

You must do so with capable, qualified, faithful men.

Pass it on and don't fumble the snap.

C. E _____ (2:3)

The word means literally to suffer _____ together.

The Christian life is not a _____; it's a marathon. Anyone can run start out well; He has called us to finish well.

② The Example (2:4-6)

A. Soldier (2:4)

He has been deployed for combat and remains on active duty status

Since our _____ is Jesus Christ, our life purpose is to please Him.

B. Athlete (2:5)

It's not just a way of _____; it is his _____.

None of us can plead ignorance since we've been handed the rule book of how to compete. It's His holy standard of _____ for His people.

C. Farmer (2:6)

He labors until he is _____ and spent.

CONCLUSION

These three essentials link to these three examples:

2:1 Empowered → 2:___

2:2 Entrusting → 2:___

2:3 Enduring → 2:___

And in each of these three scenes, God's promise is more than incredible! For the soldier: Galatians 6:9; for the athlete: 1 Corinthians 15:57; for the farmer: 1 Corinthians 3:6.